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# **Real Food Fermentation: Preserving Whole Fresh Food With Live Cultures In Your Home Kitchen By Alex Lewin**

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Alex Lewin empowers you with the tools, techniques, instructions, and delicious recipes to make all fermented foods at home in this essential book for your culinary

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## **Alex lewin**

About Alex Lewin : My Real Food Fermentation, and healthy food supply chains throughout the world is for each of us to demand real food,

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