

# Swadhisthana Chakra By Swami Niranjananda Saraswati

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Swadhisthana Chakra. av Niranjananda Swami Saraswati. H FTAD (Paperback). Bihar Swami Satyananda Saraswati. H FTAD (Paperback).

## **Chakra - wikipedia, the free encyclopedia**

In San tana/Hindu, tantric/yogic traditions, and other belief systems, a chakra (Sanskrit: Saraswati, MD, Swami Sivananda (1953 2001). Kundalini Yoga.

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