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Richard Hoad is a qualified triathlon coach,

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The World s Toughest Endurance Challenges profiles 50 of the most extreme marathons, triathlons, bike rides, adventure races, climbs, open-water swims and

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Bloomsbury - the world's toughest endurance

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3,100 mile race cited as one of 'the world's

While some of these athletes choose to race in the heart of the world's The 'World's Toughest Endurance Challenges' is a of Richard Hoad and Paul Moore's

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For The World s Toughest Endurance Challenges, authors Richard Hoad and Paul Moore interviewed a range of endurance athletes for their perspectives into their

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'the world's toughest endurance challenges'

The new book "The World's Toughest Endurance Challenges" highlights s authors, Richard Hoad as the world s most difficult equestrian endurance ride

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Feb 02, 2012 Jini Reddy is a London-based freelance journalist, writing on independent travel, personal development, wellbeing and lifestyle, for assorted newspapers

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Authors Richard Hoad and Paul Moore culled this bucket list from interviews and research with top endurance The World s Toughest Endurance Challenges

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Richard Hoad is the author of The World's Toughest Endurance Challenges (4.27 avg rating, 11 ratings, 2 reviews, published 2012) and The World's Toughest

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